

“ My stepdaughter who is 16 years old just read your article on Sam in *Seventeen Magazine* and asked me to read it. It broke my heart to read the story. Just prior to my stepdaughter reading your story, we allowed her to spend a night at a friend's house. Only she didn't do that...she lied to us, went to a party and drank half a bottle of blackberry brandy. She passed out and didn't know where she was when she woke up. After worrying all night as to where she could be, we finally found her. Lucky for us, she survived. That day I told her about alcohol poisoning and although she listened, I don't think what I was trying to teach her really hit home until she read the article about Sam.

It was a blessing that this article was there at the right time for us. Sometimes kids look at us parents with the “what do they know” attitude or “it can't happen to me.” I am so thankful the article on Sam's life came from someone other than her parents. Sam is an angel working very hard and I truly believe she has somehow reached out to my stepdaughter and helped her see how serious this is. Thank you for helping to teach kids that you can drink yourself to death.

- Robbin F.  
Clear Lake, Minnesota

“ On April 16th my friend almost died of alcohol poisoning right in front of me after binge drinking. She had stopped breathing. Her mom had talked to me about the SAM Spady Foundation and when I looked on your website I saw the cards that you have. I was the sober person and I was given the honor of her mother saying I saved her life. I would like to hand these cards out to help spread the awareness of binge drinking and possibly have someone save another person's life.

- Name withheld

“ Someone in my life has died from alcohol poisoning. I lost someone that I loved. Now I am determined to help stop this from happening to anyone else. I will pass cards to everyone at my school and I'll even put cards in some mailboxes. I'll do whatever it takes to help stop this.

- Name withheld